

**2019 INDIANA SkillsUSA CHAMPIONSHIPS
TASK & MATERIALS LIST**

SKILL OR LEADERSHIP AREA: **FIRST AID/CPR**

CONTEST LOCATION:

Ruth Lilly Education Center
2055 N Senate Blvd
Indianapolis, IN 46202

DATE: Saturday April 20, 2019

TIME: 6:00 am concessions open

6:30 am latest to arrive at West Pavilion

7:30 am boarding buses at NW corner of West Pavilion

7:45 am buses depart West Pavilion

7:50 am arrive at Ruth Lilly Education Center

8:00 am be in contest area

8:15 am- contest begins

CLOTHING REQUIREMENT (if different from National contest):

- Official SkillsUSA blue scrubs- not necessary but if you have them wear them otherwise
- Scrubs:
- White sock or skin toned seamless hose
- Health professional's white leather or canvas shoes. Shoes must be all-white leather or canvas, completely enclosed (no open toe or open heel). Athletic style shoes that meet the aforementioned criteria are acceptable
- Or EMT industry clothing:
 - EMS pants
 - White polo shirt
 - Black belt
 - Black boots
- ***NO SCHOOL LOGO, NAME, AFFILIATIONS OR IDENTIFYING MARKS OF ANY KIND.***
- **NO ELECTRONIC DEVICES ALLOWED**

AWARDS CEREMONY DRESS CODE

*A Dress Code will be enforced during the Awards Ceremony. To accept an award "on-stage", the student must wear the "Official SkillsUSA Uniform", State T-Shirt or the competition attire. **NO SHORTS OR HATS!!!***

EACH COMPETITORS MUST PROVIDE A 1-PAGE RESUME' AT THE BEGINNING OF THE

CONTEST, THERE IS A 10 PT. DEDUCTION IF ONE IS NOT TURNED IN AT THIS TIME

TECHNICAL COMMITTEE WILL SUPPLY:

- Mannequin(s)
- AED Trainer(s)
- Any other materials necessary to correctly complete tasks.

STUDENT MUST SUPPLY:

- Airway barrier device appropriate for CPR
- Surgical gloves
- #2 pencil
- CPR card from nationally recognized organization

TASKS TO BE PERFORMED:

1. Contestants will demonstrate their ability to perform procedures or take appropriate action based on scenarios presented related to the following topic areas:
 - a. CPR for the adult, child, infant
 - b. Choking victim (Chest compressions will be the only accepted procedure for unconscious choking)
 - c. Bleeding
 - d. Seizures/convulsions
 - e. Drowning
 - f. Burns
 - g. Head, neck and back injuries
 - h. Dislocations and broken bones
 - i. Eye injuries
 - j. Diabetic reactions
 - k. Sprains
 - l. Wound care
 - m. Heart attacks
2. All skills demonstrated will be based on nationally accepted standards as identified by the American Red Cross for first aid emergencies, the American Heart Association for CPR, National Safety Council and Medical First Responder texts.
3. CPR will be judged based on 2015 ECC standard.
4. Contestants will be required to present certification credentials from a nationally recognized source in CPR.
5. The written test will be made up of questions from the American Red Cross, American Heart Association and Medical First Responder (publisher: Brady).

Revised 4/4/19